



invtur

conference

2024

TRAVEL KIT

May 8-10
University of Aveiro
Portugal



This travel kit provides essential information that will help you work your way around this conference. You are more than welcome to print this kit so that you will be able to walk around with it.

This travel kit is complemented with a guide map available in the Google maps. Click: <https://tinyurl.com/2ydh2rln> or through the QR code



Partner universities:



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REACHING AVEIRO

Aveiro, known as the Venice of Portugal, is located on the Atlantic coast of Portugal and is surrounded by salt-flats, beaches and lagoons. Once a big sea port, it lies in a region of valleys cut by mountains and fertile lagoon plains. The city is crossed by canals, which give it quite an individual character. In the canals you can find the moliceiro, a traditional boat painted with bright colours and with often ingenious and humorous decorations. Those who appreciate good food can taste the delicious eel stew and a variety of sea and lagoon fish soups. But Aveiro is specially known for its sweets; the most famous is ovos moles (softeggs), sweetened egg yolk in candied casings shaped like fish or barrels.



Moliceiros



Ovos Moles



Canais



Rossio



Tiles



Costa Nova



REACHING AVEIRO

By plane

The **closest airport is Francisco Sá Carneiro International Airport** in Oporto, located 88 km to the north of Aveiro. Portela International Airport in Lisbon is located 319 km south of Aveiro. From Lisbon or Oporto you can reach Aveiro easily by airplane (Lisbon-Oporto, 55 minutes), train, bus or car.

» From Oporto Airport

The trip between the airport and the railway station (called Porto-Campanhã), which has direct rail connections to Aveiro (see: <https://www.cp.pt/passageiros/en>), can be done by taxi for around 25€ or Uber / Bolt and takes around 30 minutes.

A less expensive way to reach the Porto-Campanhã railway station is to use the Metro (see: <https://en.metrodoporto.pt/>), which has a terminal at the airport. The trips between the airport and the railway station take about 37 minutes and the ticket costs around 2,25€ (Z4 ticket ~ Line E: Aeroporto – Estádio do Dragão).

The train journey to Aveiro takes between 43 minutes and 1h18, depending on the type of train used. There are regular trains to Aveiro from Oporto. Check the train timetables and rates here (<https://www.cp.pt/passageiros/en>).

» From Lisbon Airport

The trip between the airport and the railway station (called Porto-Campanhã), which has direct rail connections to Aveiro (see: <https://www.cp.pt/passageiros/en>), can be done by taxi for around 25€ or Uber / Bolt and takes around 30 minutes.



REACHING AVEIRO

A less expensive way to reach the Porto-Campanhã railway station is to use the Metro (see: <https://en.metrodoporto.pt/>), which has a terminal at the airport. The trips between the airport and the railway station take about 37 minutes and the ticket costs around 2,25€ (Z4 ticket ~ Line E: Aeroporto – Estádio do Dragão).

By car

From the north, using the A1 motorway, or from the east, using the IP5/A25, follow in the direction of Lisbon. Exit the A1 in the direction of Aveiro and take the IP5/A25. There are two exits to the city from the IP5/A25, first "Aveiro-Norte" and some kilometers further on, the "Aveiro" exit. This second exit is best for reaching the University of Aveiro.

From the south, using the A1 motorway, follow in the direction of Porto. Exit the motorway at "Aveiro- Sul/Águeda" (exit 15) and follow the EN235 road directly to the University Campus (the University is near the hospital). From the south, using the A8 and A17 motorways, exit at "Aveiro-Sul" and follow the EN235 road directly to the University campus (the University is near the hospital).

See how to reach the University of Aveiro in the city map (page 6).

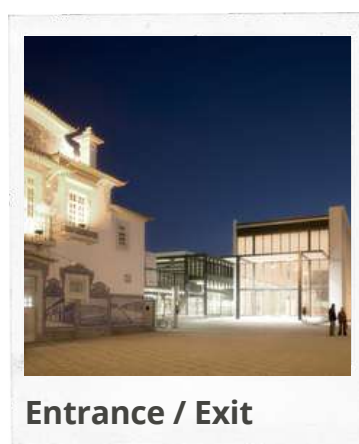
REACHING AVEIRO

By train

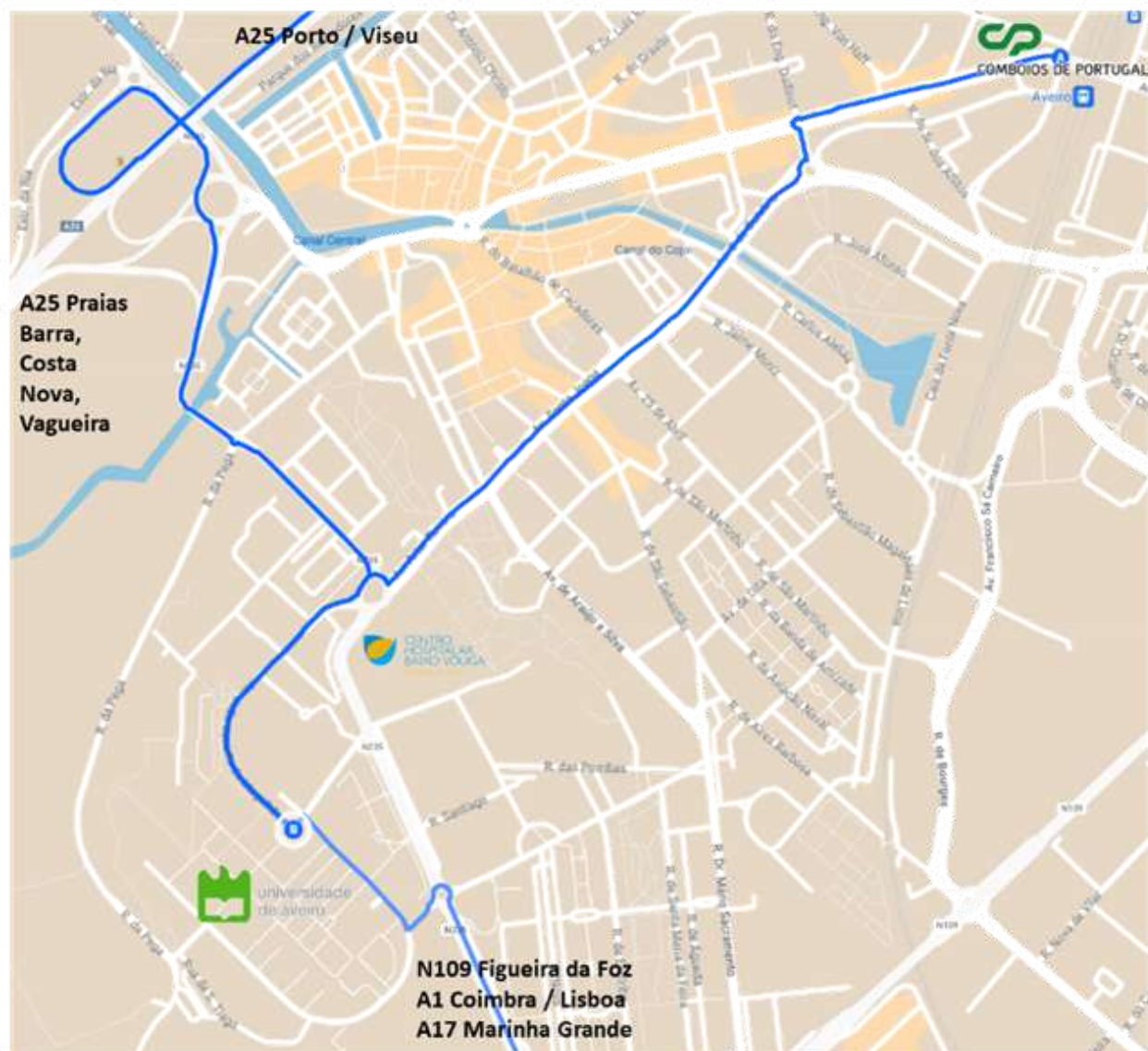
Aveiro is located on the Northern Line and is well connected to several cities through railway, being served by numerous circulations, including the service Alfa Pendular.

Check the train timetables and rates here: <https://www.cp.pt/passageiros/en>. Aveiro railway station is located about 20 minutes walking distance or 5 minutes taxi / uber/ bolt ride from the University Campus.

See how to reach the University of Aveiro in the city map.



REACHING AVEIRO



TRANSPORTS IN AVEIRO

Bus

All the information can be found at <http://www.aveirobus.pt/> and <https://busway-cira.pt/en/aveiro/> where it is possible to check the existing bus lines, schedules, duration of the trip and where to buy the tickets.

To reach the Campus, you can also use the bus (line 11 from aveirobus company), which departs at regular intervals from outside the railway station (see: <https://www.aveirobus.pt/sites/default/files/horarios/aveiro-bus-paragem-horario-linha-a4h-vertical-l11-2309.pdf>). Pre-paid tickets can be bought at local ticket agents, such as Terminal Rodoviário de Aveiro (Rua Artur de Almeida Eça, Aveiro) or in Tabacaria TGV (inside the train station) – for the detailed list, check (<https://www.aveirobus.pt/apoio-ao-cliente/pontos-de-venda>). It is also possible to buy the ticket directly from the bus driver; however the price is considerably higher than pre-paid tickets.

Prices (see <https://www.aveirobus.pt/gama-tarifaria>):

- single bus journey (ticket bought directly from the bus driver) – 2,00€;
- pre-paid ticket – round-trip ticket– 2,05 €;
- 10 bus journeys (line 11) – 7,00€;
- Tourist ticket (1 day): 10,00€ and Tourist ticket (2 days): 18,00€



TRANSPORTS IN AVEIRO

Taxi

Taxi Central Radio de Aveiro

Edifício Centro Coordenador Transportes Aveiro
Phone: (+351) 234 385 799 | 912 677 779 | 967 462 444
<https://taxisaveiro.pt/>

Taxis do Jumbo

Rua Direita de Aradas
Phone: (+351) 234 384 561

TAXI Rodrigues

R. do Carril 63 3º Drt
Phone: (+351) 915 003 547

TAXI Ílhavo / Aveiro 24H

Av. 25 de Abril, Ílhavo
Phone: (+351) 910 737 368

Uber and Bolt available

Android PlayStore and App Store

BUGA (Aveiro bicycle)

BUGA is the name of the 'Free Bikes of Aveiro' project. Riding a bicycle is the most beautiful, the healthiest and the most ecological way of visiting Aveiro. There are parks, situated in the most strategic city spots. BUGA is available at 20 different stations, located in various parts of the Municipality of Aveiro. There are 280 docks/spaces with an integrated and intelligent system for managing soft mobility vehicles, with paid use. To use it, you have a mobile APP (iOS and Android) available to manage and use this paid system. The streets are prepared for bike circulation.

For further information, visit the website: <https://buga.cm-aveiro.pt/>

TRANSPORTS IN AVEIRO

Car

You can rent a car in the following places.

GUERIN

Avenida Lourenço Peixinho
Phone: (+351) 234 100 004
Email: centralreservas@guerin.com.pt
Site : <https://www.guerin.pt/en/guerin-stations/aveiro/>

SIXT

Rua Nova de Vilar, 112/114
Phone: (+351) 255 788 199
Email: reservations@sixt.pt
Site: <https://www.sixt.co.uk/car-hire/portugal/aveiro/?changeLocale=true>

AVIS

Av.Dr. Lourenço Peixinho, 350
Phone: (+351) 234 426 554
Site: <https://www.avis.com.pt/conduza-avis/estacoes-aluguer-carros/europa/portugal/aveiro>

Clube 2000

R. Dr.Orlando de Oliveira, 38
Phone: (+351) 234 405 150
Email: comercial@c2000.pt
Site: www.c2000.pt

HERTZ HR

Av.Força Aérea, 67
Phone: (+351) 219 426 300
Site: <https://www.hertz.pt/p/aluguer-de-carros/portugal/aveiro>

EUROPCAR

Rua de Anadia, 63 Edifício Vila Jovem
Phone: (+351) 930 402 297
Site: <https://www.europcar.pt/pt-pt>

TURISCAR

Av. Dr. Lourenço Peixinho, 350
Phone: (+351) 234 426 554 / 21 949 26 26
E-mail: aveiro@turiscar.pt
Site: <https://www.turiscar.pt/en/>

PARKING OPTIONS

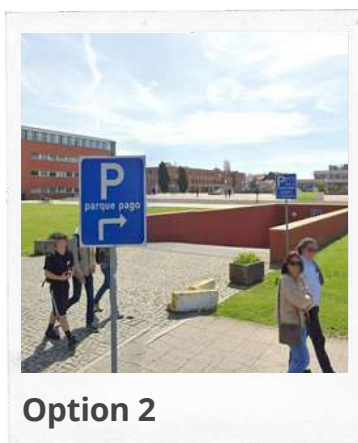
There are several parking areas inside the Campus, however their use is restricted to UA card holders.

Visitors can use other options inside or near the Campus (these are marked in the map, page 11).

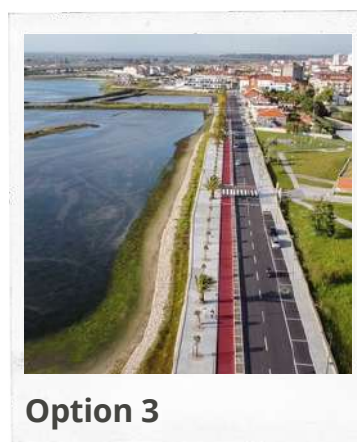
- **Option 1:** There is a paid parking area near the hospital.
- **Option 2:** Right next to the Rectory Building, there is a paid parking. It is open from 8:00am to 9:00pm.
- **Option 3:** Other parking options are available on the surrounding street Rua da Pega and the departments 27, 12, 22, 28, 16 and 40.



Option 1



Option 2



Option 3

PARKING OPTIONS



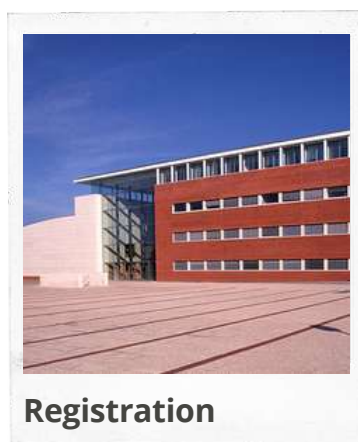
See the map at: <https://www.ua.pt/file/57161>

REGISTRATION AND VENUE

Registration | is open on the first day of the conference at 9h00 am and on the following days. Please note that there are different registration: one for authors and another for students and general participants. The registration desk is located in the lobby of the Rectorate building (building 25) and plenary sessions take place in the main auditorium of the same building. Parallel sessions take place in the Rectory building (main auditorium, sala de atos) and in the Department of Economics, Management, Industrial Engineering and Tourism (DEGEIT) (building 10), in eight rooms located on the ground floor (10.1.3, 10.1.6, 10.1.7, 10.1.8 and 10.1.11) and first floor (10.2.2, 10.2.3 and 10.2.4). For your convenience, all buildings and session rooms are identified.

Coffee breaks | are served in the Rectorate Building (building 25). Lunches are served at the Castro Restaurant (building M), which is located in the University Campus. There is also a vegetarian restaurant in this building, but by appointment only.

In case you have any query, please do not hesitate to contact the members of the INVTUR2024 staff. They are easily identifiable, so you can approach them at anytime. They will guide you in case you have any difficulties.



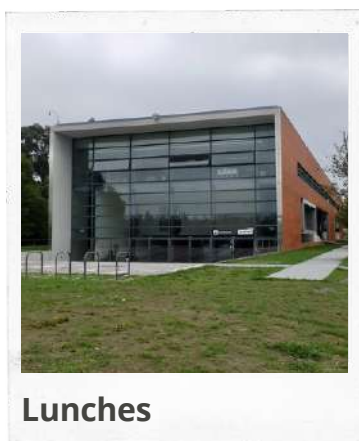
SOCIAL EVENTS

Lunches | Those who have registered for the conference lunches, upon registration, will receive lunch vouchers, which can be used at the Castro Restaurant, located in the University Campus. Please, be sure to take the lunch voucher to the restaurant. Lunches start at 01h00pm and should end before 02h30pm, given that conference sessions start at 02h30pm.

For those who have not registered, there are several other options, either in the campus or nearby (see the restaurants' section). In the university there are several canteens and restaurants: Refeitório Complexo do Castro (building M), Restaurante Universitário, the Snack-bar/Self-service (building F), Campi Grelhados (building F), Campi TrêsDê (building M) and Restaurante Vegetariano (building M).

You can check the menus at <https://cms.ua.pt/ementas/node/12273>

Prices (canteens only): UA students: 2.65€ | Visitors: 4.90€ (see: <https://www.ua.pt/en/sas/onde-comer>)



CONFERENCE DINNER

Dinner | The conference dinner is on Thursday, May 9th.

Venue | Meliá Ria Hotel & Spa (Aveiro)

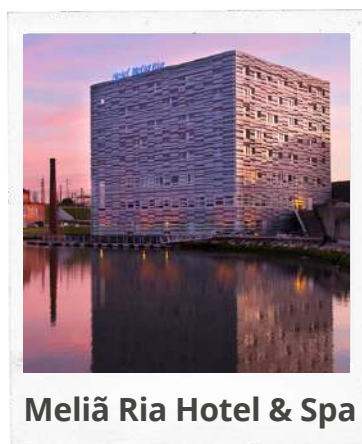
Cais da Fonte Nova 5, 3810-200 Aveiro

<https://maps.app.goo.gl/YTbJuUn6z1vWmLTA>

Time | For those who have registered for the conference dinner, the meeting point is at the Meliã Ria Hotel & Spa at 07h30pm. During the dinner we will have the opportunity to enjoy a musical performance by Tons de Bossa.

Dress code | cocktail / smart wear

Be sure to take with you the dinner voucher that you will receive upon registration.



ACCOMMODATION

There are several accommodation establishments in Aveiro, and most of them are willing to welcome the participants in our conference at special rates. All hotels provide easy access to the conference venue (Campus of the University of Aveiro) and the majority is located within a walking distance.

The booking must be made directly with the hotel. **To benefit from the special rates, you must mention the promotional code (INVTUR2024) when booking.**

Please check them at: <https://www.ua.pt/invtur/page/17606>.



Hotel Moliceiro



Hotel Arcada Palace



Hotel As Américas

RESTAURANTS

If you have never tried Portuguese food, now is the time to do it! In Aveiro you can find a great variety of restaurants for all tastes. Here are some options, but you can find some others on the map you were given.

Olá Ria	Centro Cultural e de Congressos de Aveiro, Cais da Fonte Nova (Near the Hotel Melia Ria) Phone: (+351) 910 630 909 Price: €€ Closed: Sunday	O Legado da Ria	Rua Trindade Coelho, 11 R/C Phone.: (+351) 234 423 546 Price: €€ Closed: Monday
Adamastor	Travessa do Lavadouro, 1 Phone: (+351) 234 371 777 Price: €€	O Batel	Travessa Tenente Resende, 21 Phone: (+351) 234 484 234 Price: €€ Closed: Sunday
Cais do Pescado	Cais dos Mercanteis, 5 Phone: (+351) 234 425 066 Price: €€€ Closed: Tuesday	Zeca - Taberna Portuguesa	Largo da Apresentação, 1 Phone: (+351) 234 097 833 Price: €€
Caféina nos Arcos	Praça Joaquim Melo Freitas, 10 (Near the Hotel Aveiro Palace) Closed: Monday	Ferro	R. Ten. Rezende, 30 Phone: (+351) 234 040 721 Price: €€€ Closed: Wednesday
Cervejaria do Rossio: O Augusto	Largo do Rossio Phone: (+351) 234 424 576 Price: € Closed: Monday	Maré Cheia	Rua de José Rabumba, 8 Phone: (+351) 234 384 030 Price: €€€ Closed: Monday
Convívio	Rua de Aires Barbosa Phone: (+351) 234 195 699 Price: € Closed: Sunday	Ceboleiros	Rua Aires Barbosa, 38 Phone: (+351) 234 425 110 Price: €€ Closed: Monday

RESTAURANTS

Madrigal	Praça do Mercado, 9-10 Phone: (+351) 234 422 798 Price: €€€ Closed: Monday	A Tasca do Confrade	Rua dos Marnotos, 34 Phone: (+351) 234 386 381/ 234 095 752 Price: €€€ Closed: Monday
La Mamaroma	Rua Cais do Alboi, 21 Phone: (+351) 910 580 173 Price: €€		
Restaurante do Lago Meliá Ria - Hotel & Spa	Cais da Fonte Nova, Lote 5 Phone: (+351) 234 401 000 Price: €€€	Telheiro	Largo da Praça do Peixe, 20-21 Phone: (+351) 234 429 473 Price: €€€ Closed: Monday
Ramona (Hamburguers)	Rua Eça de Queiroz, 12 Phone: (+351) 911 775 009 Price: € Closed: Sunday	FAMA by Luís Lavrador	Av. Dom Frei Miguel Bulhões e Sousa, 44 Phone: (+351) 965 334 421 Price: €€€ Closed: Monday
Pizzarte	Rua Engenheiro Von Haffe, 27 R/C Phone: (+351) 234 427 103 Price: €€		
Mercantel	Cais dos Mercanteis, 13 Phone: (+351) 969 673 984 Price: €€ Closed: Monday and Tuesday	O Refúgio	Rua Calouste Gulbenkian, 49 Phone: (+351) 234 423 191 Price: € Closed: Sunday
Salpoente	Antigo Canal de São Roque, 83 Phone: (+351) 234 382 674 Price: €€€	Alicarius	R. Dom Jorge de Lencastre, 80 Phone: (+351) 234 386 490 Price: €€

BARS & CLUBS

Bars

Autocarro Bar	Largo da Universidade Phone: (+351) 234 385 552	Casa de Chá Museu Arte Nova	Rua Dr. Barbosa de Magalhães, 9 (Near the Hotel Moliceiro)
Terraço Aveiro	Av. Dr. Lourenço Peixinho, 15	Posto 7	Junto à / Next to Praça do Peixe
Bodegas Bar	Bodegas Bar Largo Praça do Peixe	Santos da Praça	Largo Praça Peixe, 3-4 Phone: (+351) 234 427 479
Boteco Aveiro	Cais dos Botirões, 8	Kitten's Irish Pub	Rua Trindade Coelho, 22
Maria Lounge Bar	Praça do Mercado, 1st floor	Toc'Aqui Jazz Bar	Largo Praça Peixe, 6
Piano Bar	Rua dos Marnotos, 16	Alavarium Cocktail Bar	R. do Lavadouro, 2
The Iron Duke Pub – Craft Beer	Travessa da Rua Direita, 6	Café Central – Snack Bar	Largo Praça do Peixe, 28
Luxor Lounge Bar	Rua de São Martinho, 13		

Clubs

Estação da Luz	R. da Fonte, Quintãs Music genre: Dance Music, Commercial, House, Pop Rock	Sal Club	Rua Cais do Paraíso Music genre: Dance Music, Commercial, House, Pop Rock
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CULTURAL FACILITIES

Antiga Capitania do Porto de Aveiro	Av. Dr. Lourenço Peixinho 3	Gretua – University's Theatre Group Estaleiro Teatral Email: gretua@aaauav.pt https://www.facebook.com/GrETUA.oficial/?locale=pt_PT / https://linktr.ee/gretua_oficial
Cinemas NOS Glicínias	Rua Dom Manuel Barbuda e Vasconcelos https://www.cinemas.nos.pt/	Círculo Experiment al Teatro de Aveiro Rua das Tomásias, 14-16 https://www.facebook.com/cetateatroaveiro/?locale=pt_PT
Teatro Aveirense	Rua Belém do Pará Phone: (+351) 234 400 920 E-mail: info-teatroaveirense@cm-aveiro.pt https://www.teatroaveirense.pt/pt/	Galeria Morgados da Pedricosa Av. Santa Joana, 8
Municipal Library of Aveiro	Praça da República, Atlas Aveiro Fernando Távora Building Phone: (+351) 234 386 158 Email: biblioteca@cm-aveiro.pt http://rbma.cm-aveiro.pt/ Monday – Friday: 10:00am – 18:30pm Saturday – 10:00am – 12:30pm	Cultural and Convention Centre of Aveiro R. Cais da Fonte Nova Phone: (+351) 234 406 300 / 481 Email: ccongressos@cm-aveiro.pt https://www.cm-aveiro.pt/visitantes/centro-de-congressos-de-aveiro

POINTS OF INTEREST

Museums

Aveiro Museum (Santa Joana Princesa) Av.de Santa Joana Princesa Phone: (+351) 234 423 297 Email: mavsj@cm-aveiro.pt https://www.cm-aveiro.pt/visitantes/museus-de-aveiro/museu-de-aveiro-santa-joana Tuesday to Sunday: From 10:00am to 12:30pm and from 13:30 pm to 18:00 pm	City's Museum Rua João Mendonça, 9-11 Phone: (+351) 234 406 485 Email: museucidade@cm-aveiro.pt Monday to Sunday: From 10:00am to 12:30pm and from 13:30 pm to 18:00 pm
Art Nouveau Museum Rua Barbosa Magalhães, 9-11 Phone: (+351) 234 406 485 Email: museucidade@cm-aveiro.pt Tuesday to Sunday: From 10:00am to 12:30pm and from 13:30pm to 18:00pm	Troncalhada Ecomuseum Marinha da Troncalhada – Cais das Pirâmides Bookings: Câmara Municipal de Aveiro Phone: (+351) 234 406 485 Email: museucidade@cm-aveiro.pt Tuesday to Sunday: From 10:00am to 12:30pm and from 13:30pm to 18:00pm
Núcleo Museológico da Misericórdia de Aveiro R. de Coimbra, 23 Phone: (+351) 234 426 732	Fábrica Centro da Ciência Viva R. dos Santos Mártires Phone: (+351) 234 427 053 https://www.ua.pt/en/fabrica/

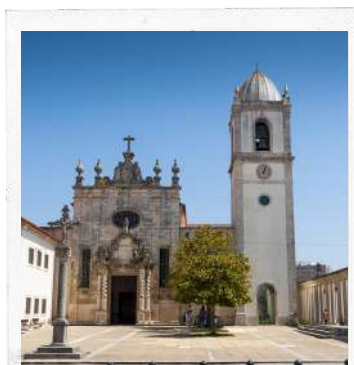
POINTS OF INTEREST

Churches

Jesus Church Avenida Santa Joana Princesa Email: mavsj@cm-aveiro.pt	Misericórdia Church Rua de Coimbra, 23 Week days: From 09:00am to 1:00pm and 2:00pm to 5:00pm
Aveiro Cathedral Praça do Milenário, 10 Phone: (+351) 234 197 613 From 09:00am to 7:00pm	



Igreja de Jesus

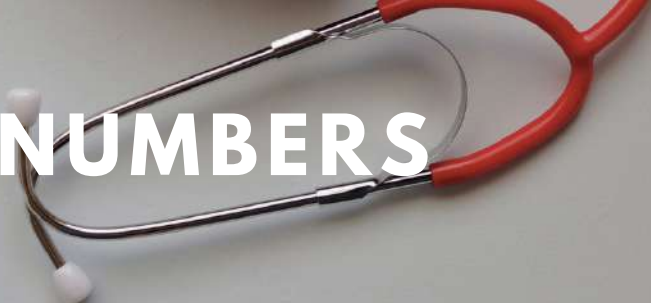


Sé de Aveiro



Igreja da Misericórdia

EMERGENCY NUMBERS



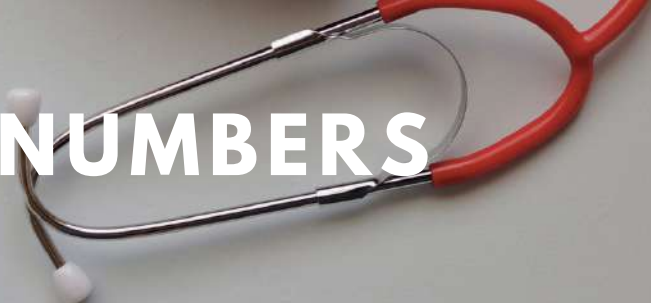
Emergency numbers

National Emergency Number (SOS)	112		
Intoxications and poisoning	Phone. 808 250 250 Email: ciav.tox@inem.pt https://www.inem.pt/category/servicos/centro-de-informacao-antivenenos/	INEM - Instituto Nacional de Emergência Médica	Phone. (+351) 213 508 100 Email: inem@inem.pt https://www.inem.pt/

Nearby hospitals

Hospital Infante D. Pedro	R. de Luís Cipriano, 21 Phone: (+351) 234 378 300	Hospital da Luz Aveiro (Private clinic)	Rua do Brasil, 21 Phone: (+351) 234 400 700 Schedule: 24 hours
Centro de Saúde de Aveiro	Praça Rainha D.Leonor, Aveiro Phone: (+351) 234 891 170 / 234 378 650	CCA - Centro Clínico de Aveiro (Private clinic)	Rua de Ovar, 53 Phone: (+351) 234 385 075 Schedule: Monday to Friday: From 8:00am - 7:00pm; Saturday: From 08:00am to 12:00pm; Sunday: 10:00am to 12:00pm

EMERGENCY NUMBERS



Fire department

Bombeiros Novos de Aveiro	Largo Capitão Maia Magalhães Phone: (+351) 234 422 333	Bombeiros Velhos de Aveiro	Rua Doutor Mário Sacramento, 86 Phone: (+351) 234 422 122
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Pharmacies

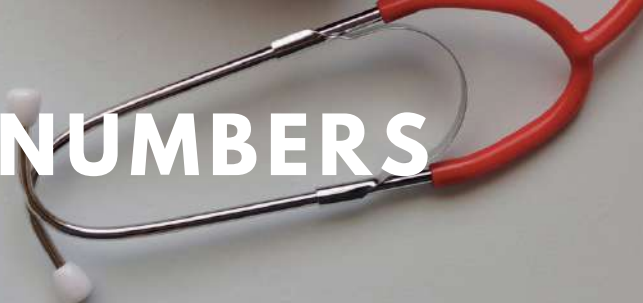
To find out the pharmacy on duty, please check:

<https://www.cm-aveiro.pt/farmacias-de-servico>

<https://farmaciasdeservico.net/localidade/aveiro/aveiro>

Farmácia Ala	Rua Cristovão Pinho Queimado, 44 Phone: (+351) 234 423 314 Schedule: 09:00am - 8:00pm	Farmácia Central	Rua dos Mercadores, 26 Phone: (+351) 234 423 870 Schedule: 09:00am to 7:00pm
Farmácia Aveirense	Rua de Coimbra, 13 Phone: (+351) 234 424 833 Email: farm.aveirense@mail.telepac.pt Schedule: 08:30am to 12:00am	Farmácia Higiene	Rua José L. Castro nº162 R/C – Esgueira, Phone: (+351) 234 312 680 Schedule: 09:00am to 8:00pm
Farmácia Avenida	Av. Dr. Lourenço Peixinho, 308 Phone: (+351) 234 384 724 Schedule: 09:00am to 8:00pm	Farmácia Moderna	Rua Combatentes de Grande Guerra, 103 Phone: (+351) 234 481 050 Schedule: 09:00am to 7:30pm

EMERGENCY NUMBERS



Farmácia Moura Glicínias	Centro Comercial Glicínias Plaza, Loja 40 Phone: (+351) 234 422 014 Schedule: 10:00am to 10:00pm	Farmácia Oudinot	Av. Dr. Lourenço Peixinho, 145 Phone: (+351) 234 423 644 Schedule: 08:30am to 8:00pm
Farmácia Neto	Rua Passos Manuel, 4 A Phone: (+351) 234 423 286 Schedule: 09:00am to 8:00pm	Farmácia Saúde	Rua S. Sebastião, 102 Phone: (+351) 234 422 569 Schedule: 09:00am - 6:00pm
Farmácia Nova	Rua Dr. Mário Sacramento, 131 R/C-E Phone: (+351) 234 933 286 Schedule: 09:00am to 8:00pm	Parafarmácia UA	Campus Universitário de Santiago, Zona Comercial - Loja G

Police

Guarda Nacional Republicana	Rua de Sá, 3804-503 Aveiro Phone: (+351) 234 378 220 Web: www.gnr.pt Email: ct.avr@gnr.pt	Polícia de Segurança Pública	Praça Marquês de Pombal, 3810-133 Aveiro Phone: (+351) 234 302 510/ 234 400 290 / 234 302 525 Web: www.psp.pt
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MISCELLANEOUS INFO

Internet

The University of Aveiro is fully covered with WiFi Internet access.

You can connect your computer, tablet or smartphone to the wireless network 'INVTUR', using the password 'Aveiro@_2024' (UU: inv.tur@visit.uaveiro.eu)

For information about the settings, please check:

<https://www.ua.pt/pt/stic/page/12319>

There are also several WiFi Hotspots in the city:

- Centro de Congressos de Aveiro: Cais da fonte Nova
- McDonald's - Aveiro Universidade: R. das Pombas 5, 3810-150 Aveiro
- Forum Aveiro: R. do Batalhão de Caçadores

Cashpoints

You can find many cash points all over the city. There are also cash points inside the campus and nearby.

See their location on the map: <https://tinyurl.com/2ydh2rln>

MISCELLANEOUS INFO

Sport facilities / Gym

Pavilhão Prof. Dr. Aristides Hall	University of Aveiro Campus Universitário de Santiago Phone: (+351) 234 370 348 Email: sas-desporto@ua.pt Sports: handball, badminton, basketball, indoor football, tennis, table tennis, volleyball, chess, aerobics etc.	Be-Fit Aveiro 1	Zona Industrial da Taboeira, Rua do Monte Novo, Nº 13 Phone: (+351) 234 318 190 Email: aveiro@be-fit-pt Sports: fitness
Clube de Ténis de Aveiro	Parque Infante Dom Pedro, Apartado 238 Phone: (+351) 234 428 164 / 936 554 425 Email: clubetenisaveiro@gmail.com	Be-Fit Aveiro 2	Rua D. Manuel Barbuda Vasconcelos Phone: (+351) 234 248 256 Email: aveirocentro@be-fit.pt Sports: fitness
Jardim e Parque Infante Dom Pedro	Parque Dom Pedro V Sports: Fitness circuit	Centro do Yoga Ria Aveiro	Avenida Dr Lourenço Peixinho, 97, 1º andar Phone: (+351) 964 365 305 Email: centroyoga.riaaveiro@gmail.com Sports: yoga
Sporting Clube de Aveiro	Travessa da Rua do Carril Phone: (+351) 234 480 191 / 925 970 110 http://www.sportingcaveiro.pt/ Sports: swimming, cannoning, camping	Cr7 Crunch – Aveiro	Rua Carlos Aleluia, nº4, lojas 26-27 Phone: (+351) 925 447 744 Email: infoaveiro@cr7fitnesscrunch.com Sports: fitness

MISCELLANEOUS INFO

Shopping areas

CENTRO COMERCIAL AVENIDA	Av. Dr. Lourenço Peixinho, 107	CENTRO COMERCIAL OITA	Av. Dr. Lourenço Peixinho, 146
FORUM AVEIRO	Rua Batalhão Caçadores, 10 Phone: (+351) 234 379 500 Sunday to Saturday: 10 am - 10 pm	GLICÍNIAS SHOPPING	Rua D. Manuel Barbuda e Vasconcelos

Hairdressers

HAIRTZ	Tv. do Dispensário 11 13 Phone: (+351) 910529 165 Mon: 10am - 7pm, Tues: 09:30am - 7 pm; Wed to Fri: 9:30 am- 8pm	STUDIO SP	R. Manuel Firmino, 61 Phone: (+351) 234 044 982
HELDER PEREIRA	Estrada de São Bernardo, 50 Phone: (+351) 926 248 617 Mon to Sat: 9 am - 7:30 pm	EIGHTY ONE	Rua Eng. Oudinot 34-A r/ch, esq Phone: (+351) 914 714 800
SUSANA LOPES	Rua Comandante Rocha e Cunha, 63 Phone: (+351) 234 386 136	ALMERINDO AFONSO	R. Dr. Orlando de Oliveira 38 Phone: (+351) 234 382 642 / 234 420 629
		ALEXANDRE	R. Conselheiro Luís de Magalhães 46 R/C Phone: (+351) 234 429 224

MISCELLANEOUS INFO

Religious services

Vilar Church	R. Direita 158 Schedule: Sunday 9:00am See: https://paroquiagloria.org/v2/?page_id=88	
Misericórdia Church	R. de Coimbra, 23 Phone: (+351) 234 426 732 Schedule: Monday to Friday from 9:00am to 5:00pm / Sunday 11:30am to 12:30pm	Aveiro Cathedral Av. 5 de Outubro, 22 Schedule: Monday to Saturday from 8:30am to 7:00pm / Sunday 10:30am 12:00pm 7:00pm See: https://paroquiagloria.org/v2/?page_id=88



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conference

2024

TRAVEL KIT

May 8-10
University of Aveiro
Portugal